

**24/7 Crisis Line**  
**989.831.7520**

2 Locations in Montcalm County:

- **Greenville**  
421 South Baldwin Street
- **Stanton**  
611 North State Street

Visit our website at [montcalmcare.net](http://montcalmcare.net)

Member of the Mid-State Health Network

Financial support received from the Michigan Department of Health and Human Services



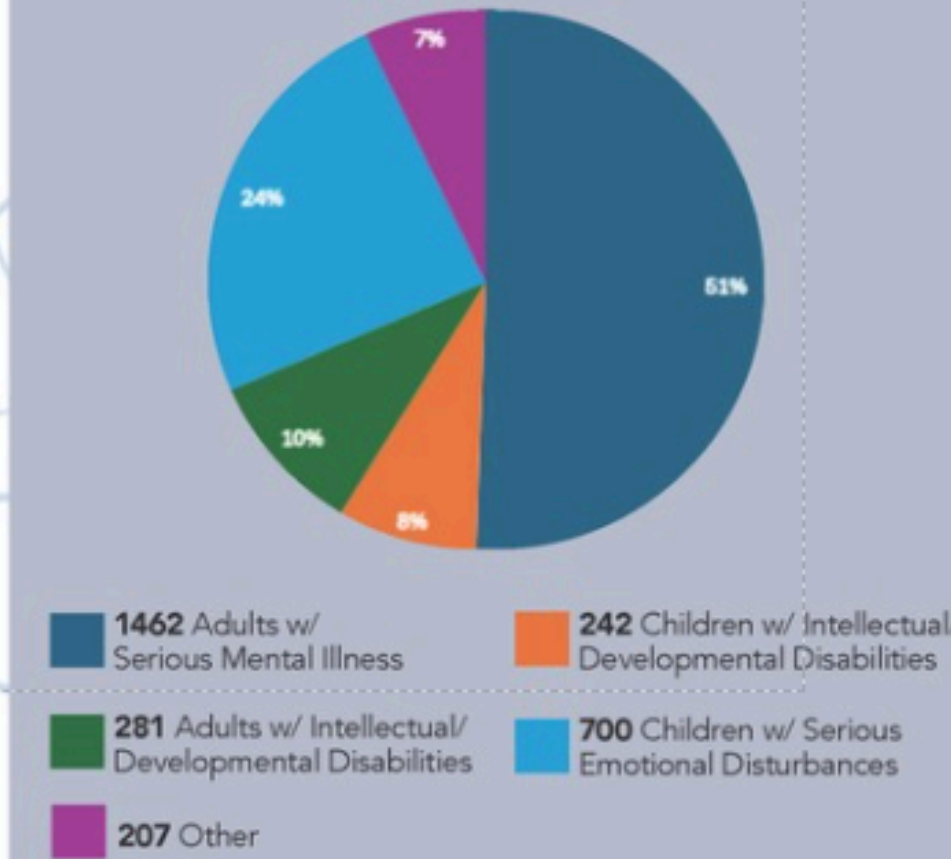
**Help is three numbers away.**

<b>211</b>	<b>988</b>	<b>911</b>
<b>NON-EMERGENCIES</b>	<b>SUICIDE AND CRISIS</b>	<b>EMERGENCIES</b>
<ul style="list-style-type: none"> <li>Food</li> <li>Housing</li> <li>Utility Assistance</li> <li>Healthcare Services</li> <li>Transportation</li> <li>Legal Services</li> <li>Counseling</li> </ul>	<ul style="list-style-type: none"> <li>Thoughts of Suicide</li> <li>Mental Health Crisis</li> <li>Substance Use Crisis</li> <li>Emotional Distress</li> <li>Veterans Crisis</li> </ul>	<ul style="list-style-type: none"> <li>Medical</li> <li>Fire</li> <li>Crime</li> <li>Abduction</li> <li>Domestic Violence</li> <li>Impaired Driving</li> <li>Suspicious Activities</li> </ul>

# Annual Report

**montcalm care network**

**Total Persons Served 2,869**



## MCN 2024 KEY INSIGHTS

**2,869 PERSONS SERVED**

- 1,950 ADULTS
- 942 CHILDREN

**155 EMPLOYEES**

**99,562 SERVICES PROVIDED**

**\$325 MIL BUDGET**



## Restorative Practices

In October 2023, Montcalm Care Network received funding to implement Restorative Practices community wide in order to reduce placement of children in out of home settings. The partnership includes MCN, Juvenile Court, and Montcalm Department of Health and Human Services. Training was provided to over 50 providers with monthly consultation meetings led by staff from Montcalm Area Intermediate School District. Parents have also been provided with training aimed at utilizing the practices with their children.



Restorative Practices is a trauma informed approach that focuses on building community and positive relationships while teaching conflict resolution skills including responsibility for your behaviors, how your behavior impacts someone else, and repairing relationships. Through these relationships, children are able to remain in their homes.

## Mobile Crisis Expansion

In 2024, **163 adults and children** who were experiencing a mental health crisis were provided services in the community, in that moment, by MCN's Mobile Crisis Response Team. This intensive model of care is provided by dedicated staff with expertise in providing brief therapy, making strong connections and sharing lived experiences. It is firmly believed our community is best served when people can receive services where they live, go to school, and work; surrounded by people who care about them.

MCN's Mobile Crisis Team understands the stress not only the individual is feeling, but also a loved one's experience in a time of crisis. Through a hands-on approach, the Team works to resolve immediate safety concerns and identify next steps. The Team will stay connected with the person or family for up to 60 days to ensure their needs are met.



Creating connection when a crisis first emerges is a big step in developing the skills to navigate difficulties and to promote meaningful recovery, and MCN's Mobile Crisis Team is here to serve.

MCN Mobile Crisis services are available Monday through Friday 8 am to 8 pm by calling (989) 831-7520 or toll free (800) 377-0974

**OUR VALUES:** **INNOVATIVE** in meeting the needs of our community

**COMPASSIONATE** in caring for our most vulnerable

**ACCESSIBLE** in opening new doors

**RECOVERY-ORIENTED** in promoting hope and resiliency

**EXCEPTIONAL SERVICE** in going above and beyond

# A Journey of Acceptance

Montcalm Care Network's vision is to be a valued partner in building a community that is committed to wellness and embraces the full participation of every citizen. When we crafted that vision in 2013, it was a distant beacon of light to guide us in the right direction. Today, that beacon is shining bright all around us.

The work of breaking down the stigma associated with mental illness has been happening for generations, but it took a global pandemic to finally move the needle. When it's our own mental wellbeing, our children's mental wellbeing, or the mental wellbeing of well-known people like Selena Gomez, Lady Gaga, or Dwayne Johnson, we take notice.

Derived from the realization that nearly everyone's mental health was impacted during the pandemic and the recognition that we are all, as a community, in this together, we start to realize we can be more kind, we can be more understanding, and we can be more accepting.

While our work is far from done, my continued gratitude goes to the MCN board and staff for staying the course. Progress is never easy, but it is always worth it. And many thanks to our community partners that have joined us on this journey. Together we make a difference—one person and one family at a time.

— Tammy J. Warner, MCN Executive Director

## Did you know...

1.4 million Michigan adults or 1 in 5 U.S. Adults experience a mental illness each year.



More than half of those in need of help did not receive it.

The average delay between symptom onset and treatment for a mental health condition is

11 years.



2024 3rd Annual MCN Race to End Stigma 5K and Wellness Walk

### How Montcalm Care Network Addresses Stigma

- Partnerships
  - Police departments, schools, non-profits, jail, and hospitals.
- Education
  - Mental Health First Aid, Trauma Informed Parenting Group, Narcan training, Restorative Practices.
- Community
  - Pride and Progress annual event, Montcalm Stigma Reduction Art Show, and Narcan distribution.
  - Hosting the annual Race to End Stigma 5K Race & Wellness Walk. The 4th Annual Race will be held in Stanton in May 2025 as part of Mental Health Awareness Month.

## Why is it so difficult to get help? MENTAL HEALTH STIGMA

Stigma is the negative attitudes, beliefs, and stereotypes towards others. Stigma has been reported as the top barrier to mental health care.



### Mental health stigma can look like:

- Viewing others as attention-seeking or weak when they try to reach out and get help.
- Harmful language used to judge or trivialize people who have mental health conditions.
- Avoiding those with a mental health condition because of fear or misunderstanding.
- Companies refusing to hire someone or provide adequate accommodations because of their mental health.

### The impact of stigma:

- Fear of judgment and discrimination.
- Not feeling heard or supported by loved ones.
- Misunderstanding of therapy and purpose of medication.

### STAY INFORMED

Learn more about MCN and the different ways to support your loved ones by checking out the website and Facebook page.

MCN Website



montcalmcare.net

MCN Facebook



facebook.com/montcalmcare

## 2024 MCN Board of Directors

- |                                 |                           |
|---------------------------------|---------------------------|
| Eva Cairns, Gowen               | Kathy Lobert, Lakeview    |
| Jeanne Hamilton, Pierson        | Diana Moore, Howard City  |
| Pam Hillier, Greenville         | Kurt Peasley, Vestaburg   |
| John Johansen, Greenville       | Kelly Porter, Stanton     |
| Chris Johnston, Crystal         | Amanda Shaffer, Vestaburg |
| Betty Kellenberger, Carson City | Joshua Stump, Greenville  |

### OUR MISSION:

To be the integrated care provider of choice for the residents of Montcalm County by delivering services and supports that result in better care, better outcomes and better value for those we serve.

### MiBridges Health Care Enrollment Support

MiBridges has many different health care programs available for individuals, families, children, and expecting mothers to help cover the cost of healthcare services. Insurance coverage is based on household size & income which could qualify you and your family for more benefits!

#### Benefits Include:

- Mental and behavioral health services
- Prescription drugs
- Emergency Services
- Hospitalization
- Maternity Care
- Inpatient and Outpatient services
- Transportation to medical care
- Physician Services
- Dental and Vision Care
- Immunizations
- Physical therapy
- Well-child visits
- And more!

#### Enrollment Support Available

Connect with a MiBridges Navigator to answer your questions or help you complete the application by using this QR code.

