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| **MONTCALM CARE NETWORK****611 North State Street, Stanton, MI 48888** |
| SUBJECT: Restraint and Physical Management | Section: 8910 |
| Effective Date: February 24, 1987 | Revised Date: February 28, 2012 |
|  Version: 3 |  Status: Current |

1. Recipients have the right to be free from any form of restraint used as a means of coercion, discipline, convenience or retaliation.
2. Restraint means the use of a physical device to restraint an individual's movement. Restraint does not include the use of a device primarily intended to provide anatomical support.
3. The utilization of restraint requires application and monitoring by specialized personnel which are not available in a community setting. Therefore, the use of restraints will not be permitted in residential and other program settings.
4. Montcalm Care Network Office of Recipient Rights will review the restraint policies of contractual providers of inpatient services and child caring institutions for compliance with applicable State and Federal rules and regulations.
5. Physical management means a technique used by staff as an emergency

intervention to restrict the movement of a recipient by direct physical contact to prevent the recipient from harming himself, herself, or others.

1. Physical management may only be used in situations when a recipient is presenting an imminent risk of serious or nonserious physical harm to himself, herself, or others, and lesser restrictive interventions have been unsuccessful in reducing or eliminating the imminent risk of serious or nonserious physical harm.
2. Physical management shall not be included as a component in a Behavior Treatment Plan.
3. Prone immobilization of a recipient is prohibited unless implementation of physical management techniques, other than prone immobilization, is medically contraindicated and documented in the recipient's record.