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| **MONTCALM CARE NETWORK PROCEDURE 611 North State Street, Stanton, MI 48888** | |
|
| SUBJECT: Recovery Principles | Section: 8158A |
| Effective Date: August 27, 2002 | Revised Date: April 28, 2014 |
| Version: 2 | Status: Current |

Montcalm Care Network staff and contract providers will engage in the following principles to encourage recovery and relapse prevention for consumers served:

1. Actively engage consumers in the recovery process. The consumer will direct the recovery process and consumer input will be obtained throughout the process.
2. Foster an environment supportive to recovery by emphasizing in access and service delivery processes a holistic approach, family involvement (where appropriate and desired by the individual), community integration, peer support, and sensitivity to diversity. Service access and planning activities will operate from a strength/asset based perspective and individual choice will be emphasized.
3. Collaborate with the individual to identify a recovery management plan through the Person/Family Centered Planning process. This will focus on interventions that will facilitate recovery and resources that will support the recovery process. The plan will define stages of recovery to provide structure to the process and provide indicators of progress for the individual. The plan will describe the individual's status in regard to recovery and the staff/provider's specific role in the process. The recovery management plan will include interventions to occur in the event that the individual is unable to make decisions during a period of exacerbated symptoms will be predefined.
4. Demonstrate knowledge regarding recovery models and best practices. Education and support will be provided for primary and secondary consumers regarding the stages of recovery, recovery management planning, and related concepts.
5. Periodically reviseits service delivery systems to reduce/eliminate practices that foster dependence, limit choice, contribute to stigma, and are otherwise contrary to principles of recovery.
6. Participate in local community education activities that promote understanding of mental illness as a disability, emphasize recovery principles and decrease stigma.