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Mid-Michigan District Health Department confirms first presumptive positive COVID-19 case

Ithaca, Stanton, St. Johns- The Michigan Department of Health and Human Services (MDHHS) informed the Mid-Michigan District Health Department (MMDHD) last evening of a presumptive positive COVID-19 case in a Montcalm County resident. The specimen will be sent to the Centers for Disease Control and Prevention (CDC) for confirmatory testing.

The case is linked to international travel and has been under home quarantine since returning from travel. No community exposure is known of at this time.

"We at the health department have been working very hard since COVID-19 first appeared to prepare for this event and help prevent its spread. We encourage the public to avoid panic and turn to reputable sources for information. We are getting overloaded with requests for information and assistance so appreciate the public's patience", said Dr. Jennifer Morse, MMDHD Medical Director.

The Mid-Michigan District Health Department will be contacting those who have been in close contact with the patient and they will be assessed for symptoms and monitored appropriately.

Symptoms of COVID-19 include fever, cough and shortness of breath. Those experiencing these symptoms and who are at risk of infection (travel to areas with community spread or know exposure to an infected person) should contact their healthcare provider.

Those most at-risk include older adults and those with chronic medical conditions, like heart or lung disease or diabetes.

To help prevent the spread of COVID-19, residents should wash their hands frequently for twenty seconds, cover coughs and sneezes, stay home when sick, touch their face less, avoid those who are sick and disinfect commonly touches surfaces.

Mid-Michigan District Health Department will provide additional information as it becomes available. Please visit <u>www.mmdhd.org</u>, <u>www.michigan.gov/coronavirus</u>, or <u>www.cdc.gov/COVID-19</u> for the most up-to-date and accurate information.

Mid-Michigan District Health Department serves the residents of Clinton, Gratiot and Montcalm Counties. We take action to protect, maintain and improve the health of our community. Advancing innovative solutions to achieve healthier outcomes